

# WHAT DOES IT TAKE FOR A DIETARY SUPPLEMENT TO BE NSF CERTIFIED FOR SPORT®?



You care about the quality and safety of the supplements you use.



Knowing that supplements are free of harmful substances gives you peace of mind. That's why NSF International developed its Certified for Sport® program.



NSF is an independent and accredited organization with a mission to protect and improve global human health.



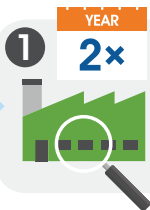
The Certified for Sport® mark on a product helps athletes, coaches, trainers and consumers make educated decisions when purchasing supplements.



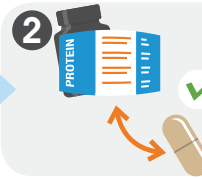
The Certified for Sport® program is one of the most comprehensive, supplement certification programs in the world. MLB, NHL and CFL clubs are permitted to provide and recommend only products that are Certified for Sport® and many other global sports and anti-doping associations recommend the mark.



To be Certified for Sport®, products go through a rigorous process!



1 The manufacturing facility is audited for U.S. FDA's Good Manufacturing Practices requirements and industry best practices.



2 The contents are checked to verify that what's ON the label is IN the product.



3 A toxicological review verifies the product formulation and label claims.



4 Testing determines there are no harmful levels of contaminants, such as heavy metals, pesticides and more.



5 Finally products are tested for over 272 substances banned by professional sports leagues and anti-doping organizations.



And to make sure products continue to comply, audits and testing are repeated frequently!



Certified products display the Certified for Sport® mark and are listed on nsfsport.com.



And can also be found in the easy to use Certified for Sport® app.



Look for the Certified for Sport® mark for tested, cleaner supplements.